

## Do you want to save money and do your bit for the environment?

**Call free on 0800 512 012.**

Many householders are unsure what they can do to reduce their fuel bills and, as the weather gets colder, are unaware that grants are available to help keep the home warmer. There are many easy steps that can be made today to help fight climate change whilst at the same time save money. This is where the Energy Saving Trust can help.

The Energy Saving Trust advice centre for North Yorkshire and the Humber can provide free expert and impartial advice on how to reduce energy consumption in the home which in turn will lower your energy bills. They can offer grants to help residents with the cost of installing loft and cavity wall insulation, saving you money and keeping your home warmer, as well as grants for upgrading heating measures. Cavity wall insulation could cost you as little as £149 to install and can save you up to £160 a year off your fuel bill and Loft insulation could save you a further £180. There are grants available to have this work done for free so call the advice team today to find out more.

Advice doesn't stop at heating either. Don't worry if you're unsure of what would work best for you. Friendly advisors will talk you through the options, will refer you to the relevant supplier and will even organise the visit if this helps. It's free and easy - give them a call today to see what help you may be entitled to. Contact the Energy Saving Trust advice centre free on **0800 512 012** or visit [www.energysavingtrust.org.uk](http://www.energysavingtrust.org.uk). For a personalised Home Energy Check showing you how much energy and money you can save in your home, go to [www.energysavingtrust.org.uk/check](http://www.energysavingtrust.org.uk/check).

